

Augmentative and Alternative Communication package on Sterilisation

How can I teach a young woman who has an intellectual disability about Sterilisation ?

This workbook is written assuming the person has been through the other workbooks and has an understanding of the womb and menstruation.

If you have not covered the other workbooks, it is recommended that you do, before starting this one.

The aim of this workbook is to provide some picture support regarding what sterilisation is and what it will mean.

The concepts covered are very general and while everybody has different needs and situations we hope that this workbook will be of some benefit.

About the workbook.

This workbook has been designed to suit as many different types of people as possible.

The workbook is in two parts.

1. Picture cards
2. Script cards.

On the script cards you will find two or three sections.

A. Simple scripts.

Use these to explain what the picture is about. Using your finger to point to the picture while you talk is a very good way of getting the message across.

B. More in-depth scripts

Use these if you feel the person has the ability to understand more in-depth concepts. You don't need to use them if you don't want to.

C. Message of the card.

If you feel that the language of the scripts is not ideal for the person and wish to use your own scripts try and make sure they are around the message contained here. These messages contain the concepts of each card.

Have fun with these workbooks.

Take your time and don't worry if you only get one picture card done in a session.

Concentration can be a major factor with people with an intellectual disability. So it is better to stop when you feel it is getting too much.

Don't be afraid to leave them where the person can get hold of them and look at them. This is very beneficial and can allow you to talk about more often. The more you talk about it in a relaxed way the easier it will become to teach. And learn.

Most women get periods

A. Simple scripts

Draw your finger around the circle of women and point to the symbol for period and say "most women get periods."

Have a talk about all the different types of women in the circle and say " Look the nurse gets her period and so does the singer " etc.

You could talk about how you get your period, if you feel comfortable to do this. The more normal you can make periods the easier it will become.

B. More in-depth scripts

Who gets periods?

- Periods start around the time of puberty and last until about age 50. A girl may be as young as 8 when she gets her first period, or as old as 17.
- Periods start after a girl begins to develop breasts. Other signs that she will soon start having periods include: getting pubic and underarm hair, having a light, white discharge from the vagina and rounding of her hips.
- Women who are pregnant don't have periods.
- Periods may stop if a woman loses too much weight, or if she exercises too much.
- They may also stop if she is under too much stress.
- It is important to see your doctor for a health check if your periods stop.

C. Message of the card

Message : Getting a period happens to most women . It is natural. Many of our girl friends have them.

Sample Only



The following material has been produced as a gift for the care and benefit of people with disabilities.

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WMB Drawn by David Beal for the Wesley Mission Brisbane. Copyright Wesley Mission Brisbane 2002

PCS "Picture Communication Symbols (PCS) used with permission of Mayer-Johnson, Inc.
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WS The Rebus symbols used in this publication are included with permission from Widgit Software Ltd.

Concepts

Augmentative layout and design David Beal



This project was envisioned a long time before we became involved. We have not worked in isolation and are indebted to the following people for sharing their knowledge and experience with us:

Thank you particularly to Wyn Fletcher – your enthusiasm and passion for this project is truly inspiring. This project was Wyn’s brainchild and she has remained its most enthusiastic supporter throughout its development.

Thank you to those on the Reference Group – your input, support, advice and encouragement have been invaluable.
The members of the Reference Group were:

Rev. Dr. David Pitman	Mr. Lawrie Thomas
Mr. Geoff Batkin	Ms. Margaret Corney
Mrs. Wyn Fletcher	Ms. Heather Den Houting
Dr. Sue Brady	Prof. Jill Wilson
Dr. Glenys Carlson	Ms. Miriam Taylor

We would especially like to acknowledge the contribution made by the Wesley Mission Brisbane both financially and philosophically to the social justice issues in relation to women with disabilities and their basic human rights to celebrate their womanhood in all areas of their lives. And for the belief that people with a disability can learn, and are able to make choices.

We also need to acknowledge the Gambling Community Benefit Fund Queensland Government for their generous financial support of this project

Jane Manderson
David Beal

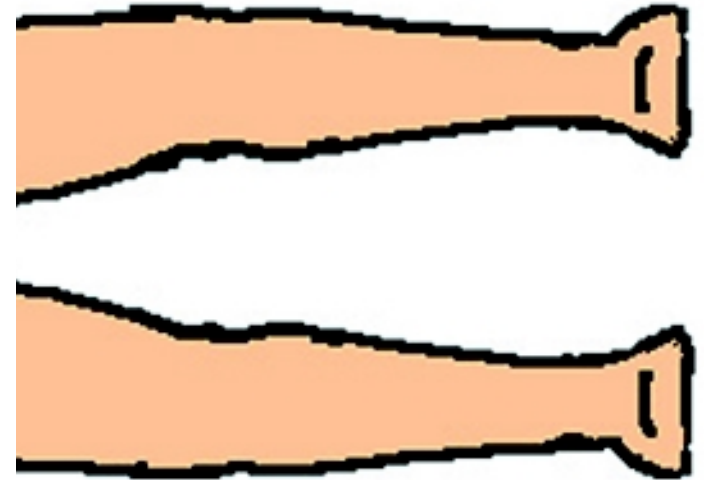
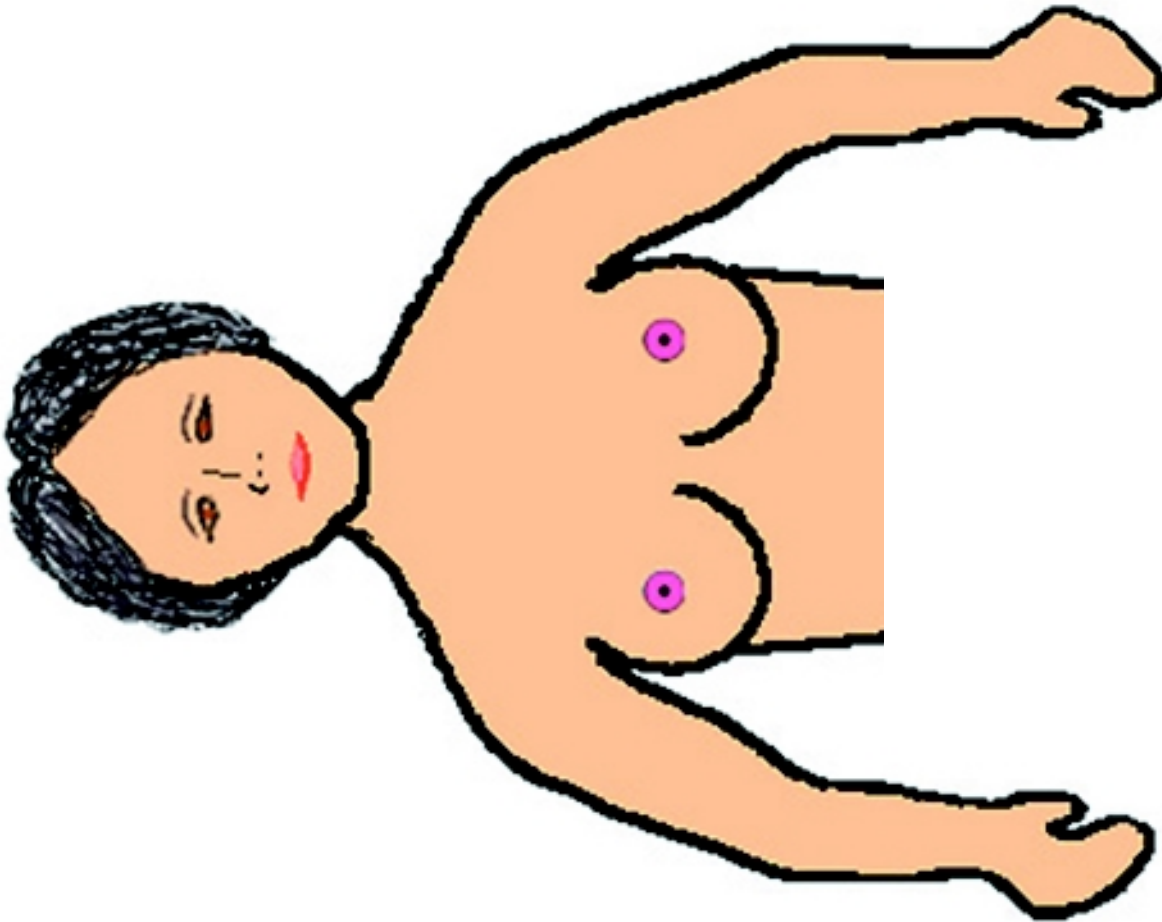
I would like to add a personal thanks to the following people ;

Wyn Fletcher for all her advice and patience, and for her belief that people with a disability have the right to decision making as do all of us.
Anne Finamore and Jane Remington-Gurney, for their input and advice.
Geoff Batkin, for giving me the opportunity to work on such an important project.

Working on this project has been challenging and rewarding, from both a gender and communication perspective. It has shown me that while we say we understand what other people face each day, it is only when we attempt to live and breathe as they do that understanding comes. When that understanding comes, the barriers in society that separate us won’t need to be torn down, they will fall down.

David Beal

Different procedures



Different procedures

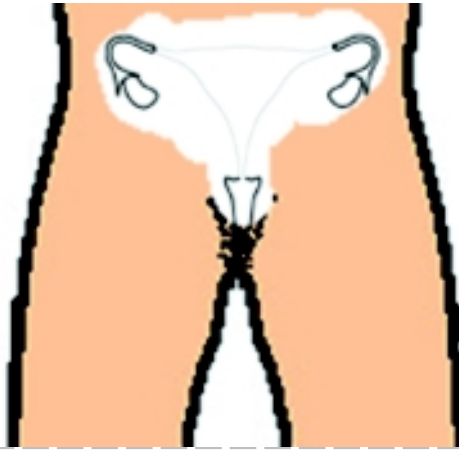
Cut up the cards on the next page and use them to place over the women to show the various types of procedures.

There are larger pictures in this workbook you can use with this.

natural womb



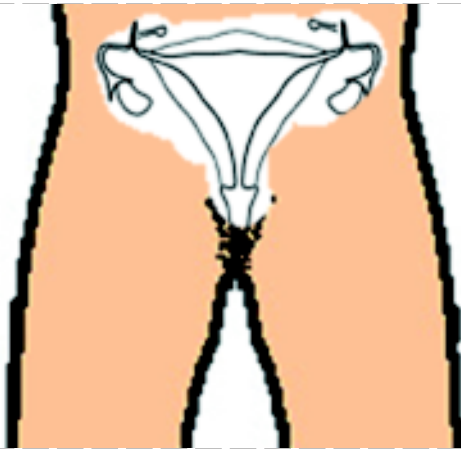
hysterectomy



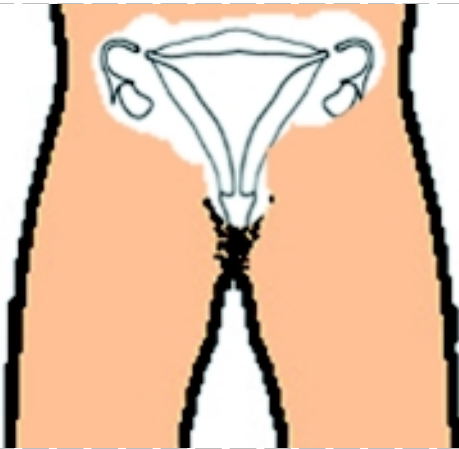
bilateral oophorectomy



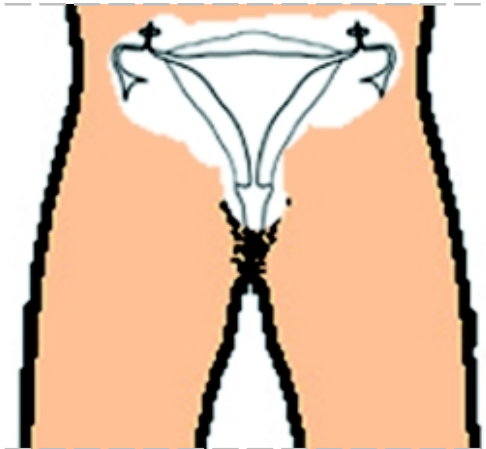
tubal ligation clips

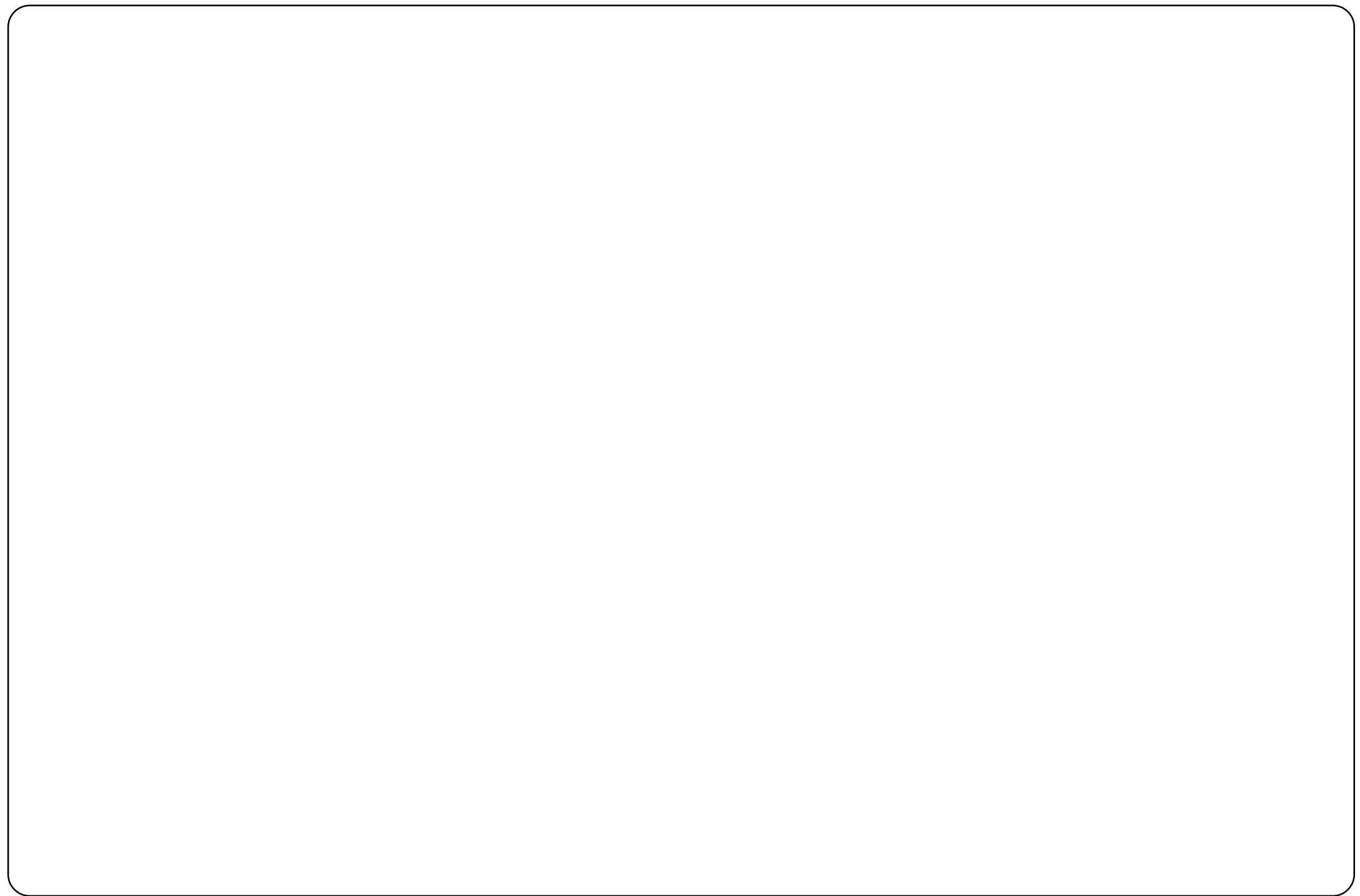


tubal ligation cuts



tubal ligation rings



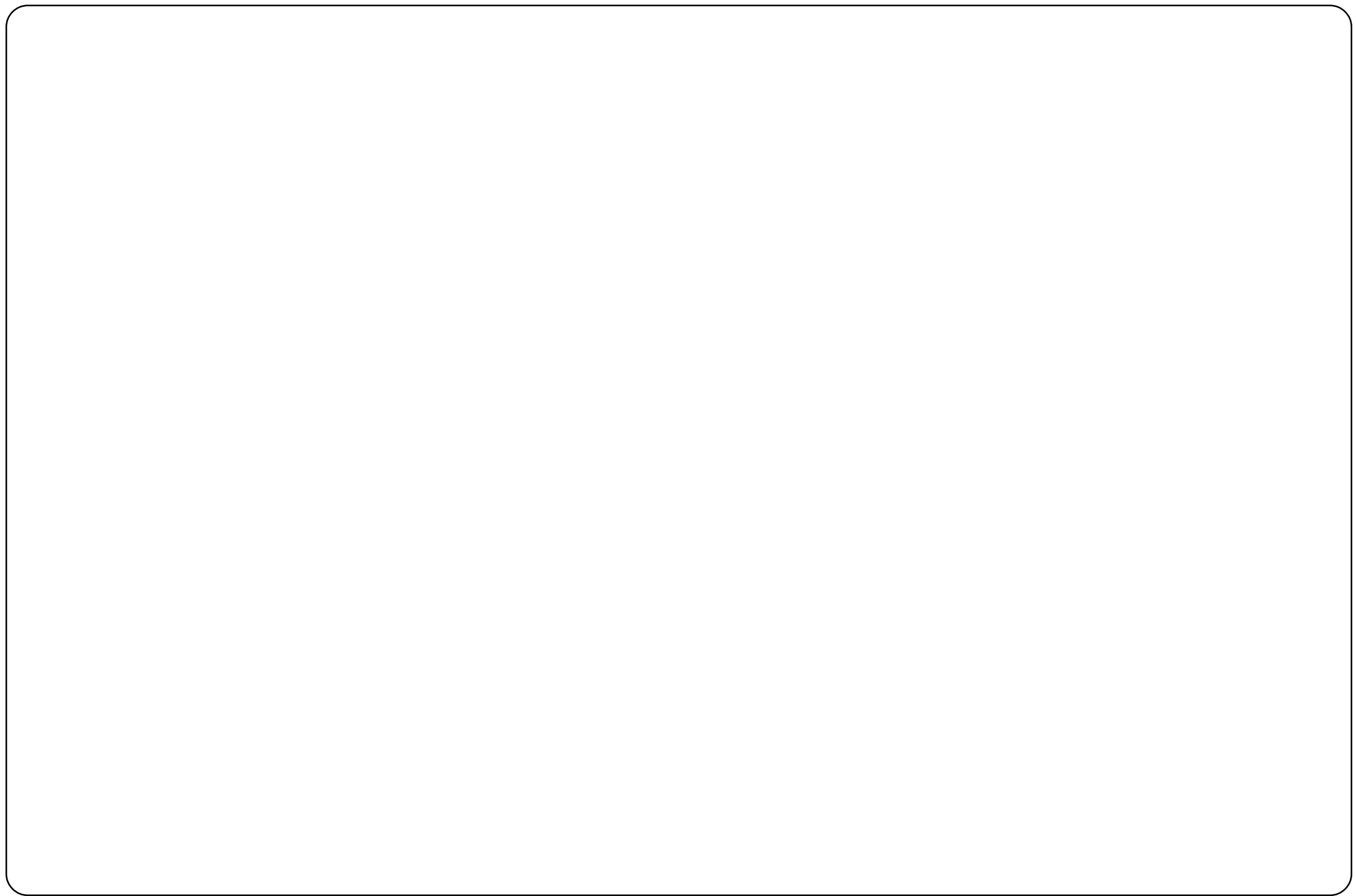


Cut out the relevant picture from the following, for use in the two “what does it mean ?” cards.

The first of the two “what does it mean ?” cards shows a picture of a woman who has her womb intact. She can have babies and gets her period.

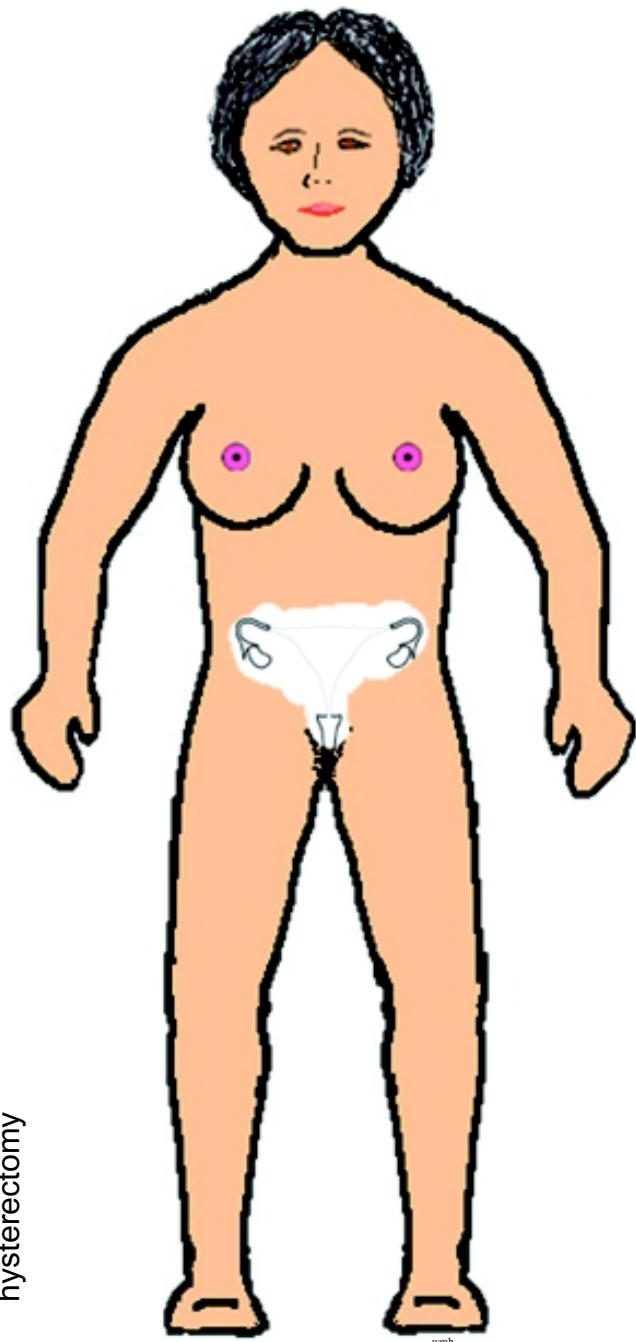
In the next of the “what does it mean ?” cards, place the relevant picture to show the person that after a procedure, she won’t be able to have a baby and will not get her periods.

The aim of the “what does it mean ?” cards is to help the person understand the effects of the procedure in easy-to-understand terms.



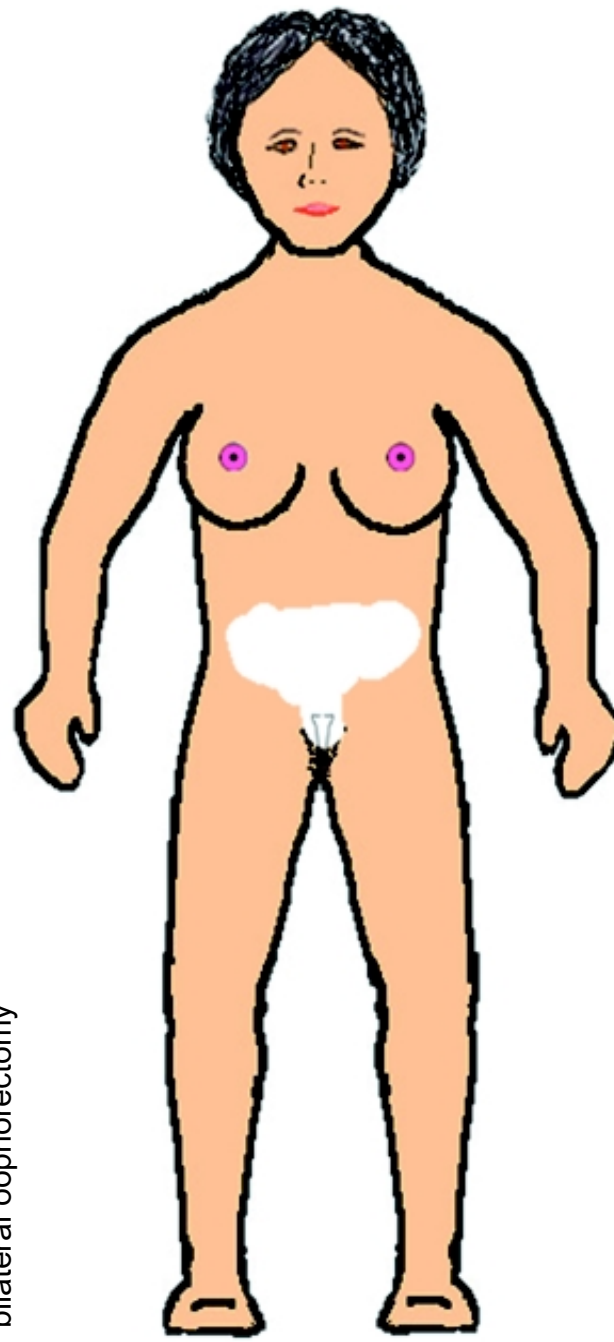
“what does it mean ?” pictures

hysterectomy

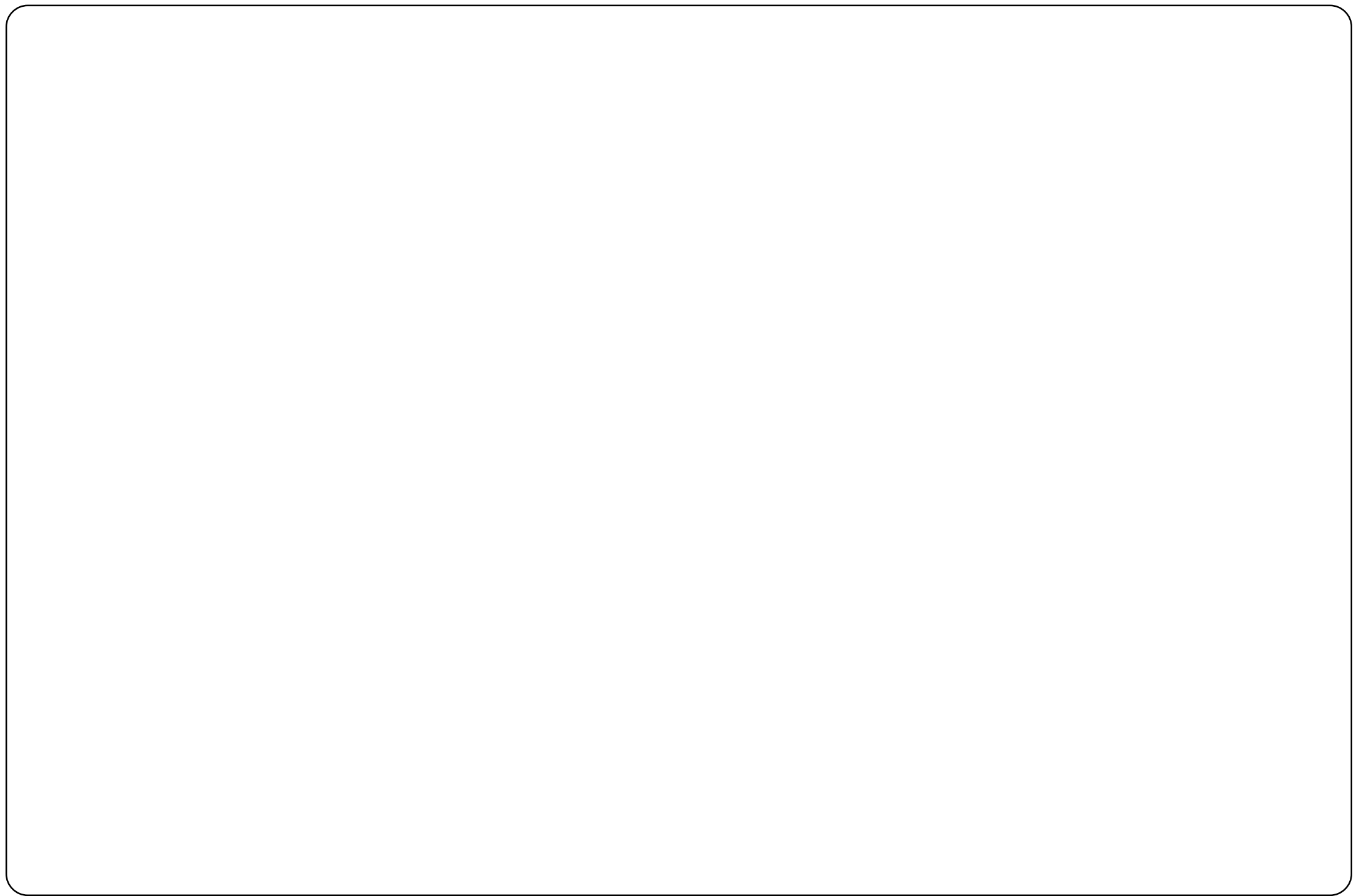


wmb

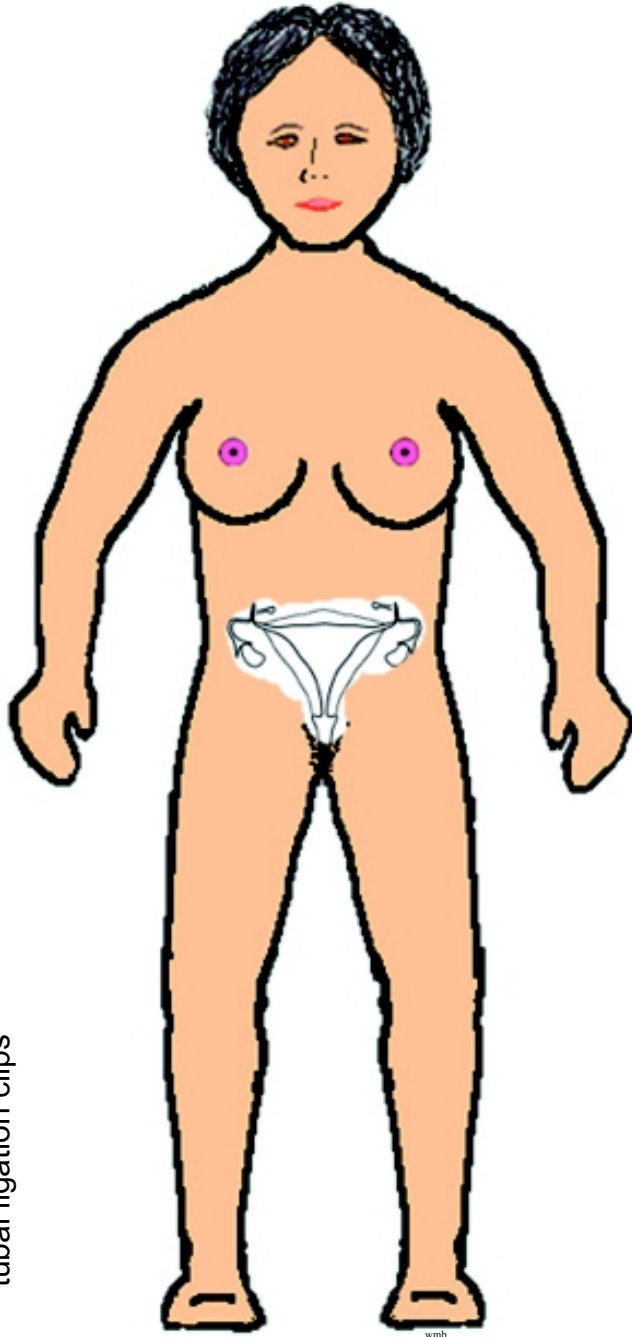
bilateral oophorectomy



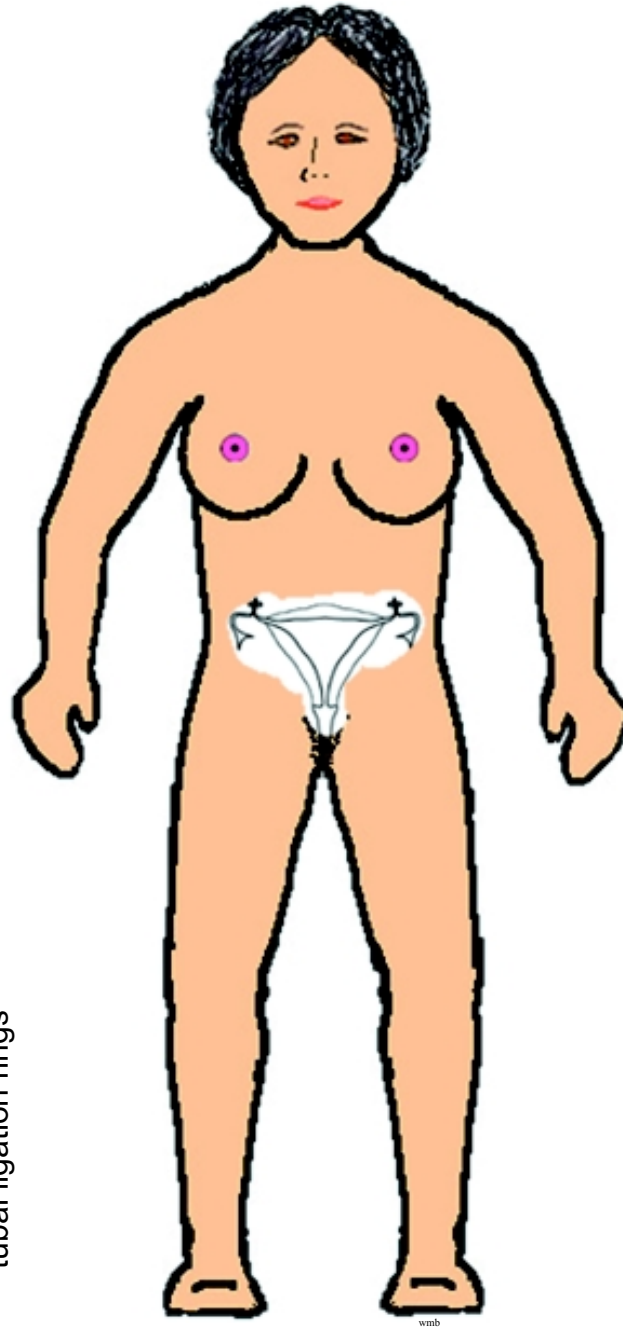
wmb



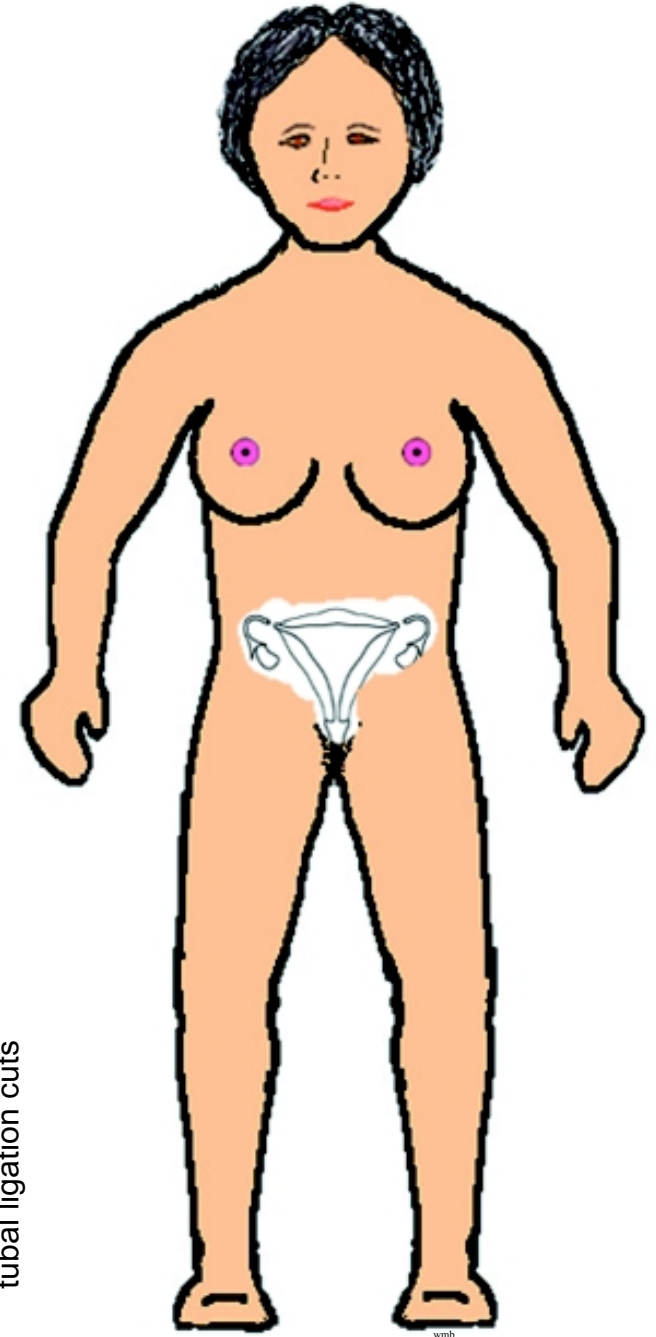
tubal ligation clips

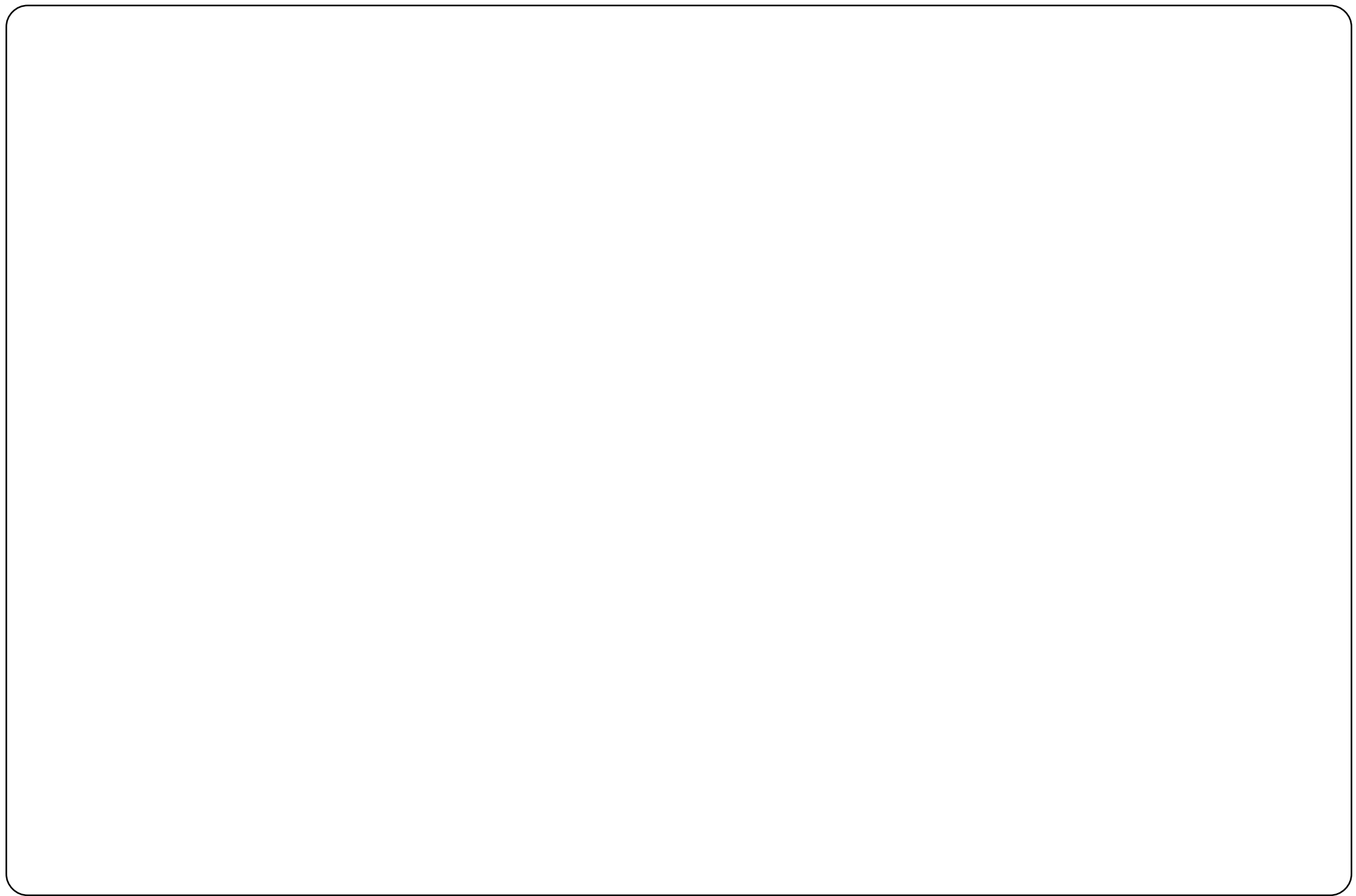


tubal ligation rings

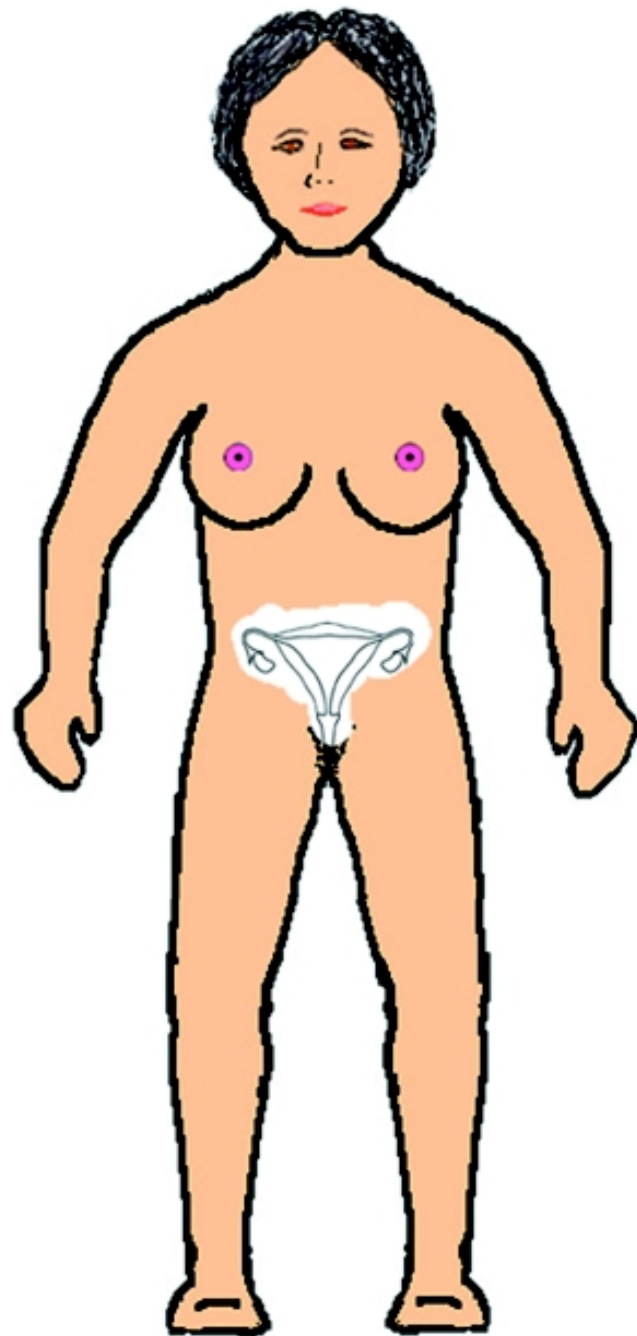


tubal ligation cuts





What does it mean ?



period

S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

pcs

What does it mean ?

This card can be used to show the person that before a procedure, a woman can have a baby and will get her periods.

What does it mean ?

Place relevant picture here

no babies



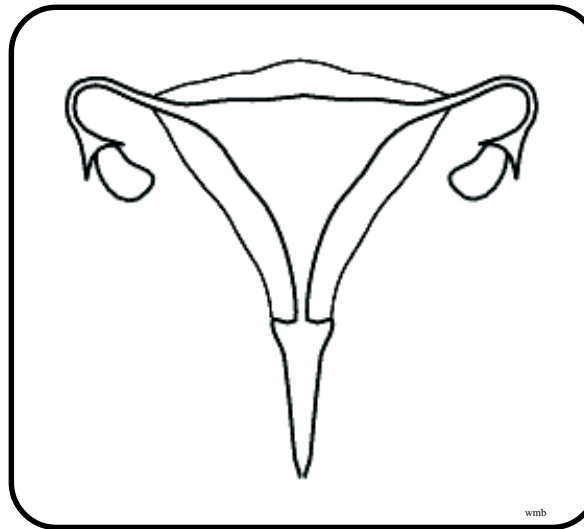
no periods

period

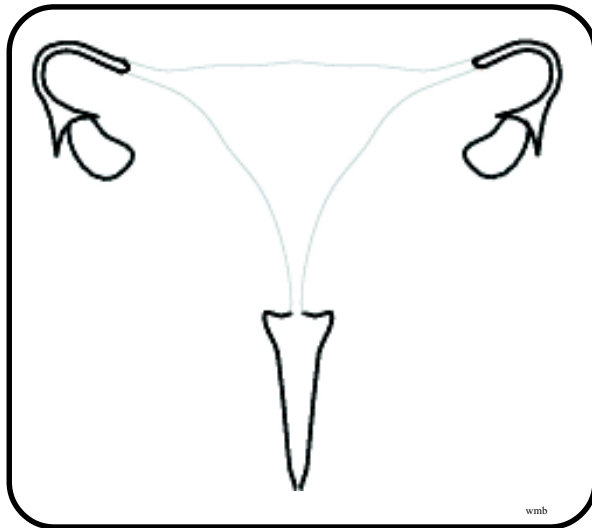
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

What does it mean ?

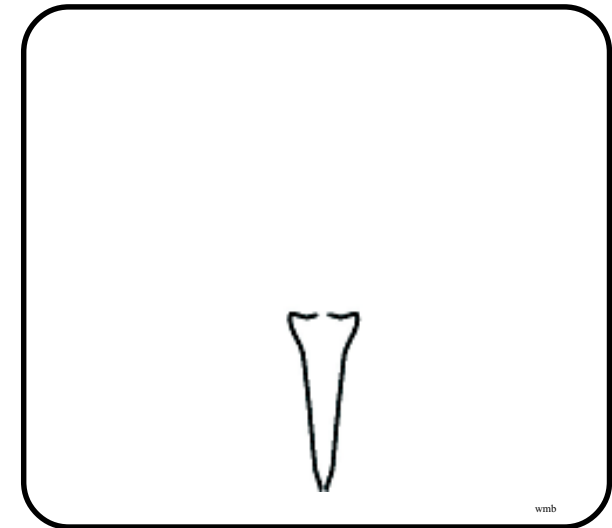
This card can be used to show the person that after a procedure, a woman cannot have babies and will not get her periods.



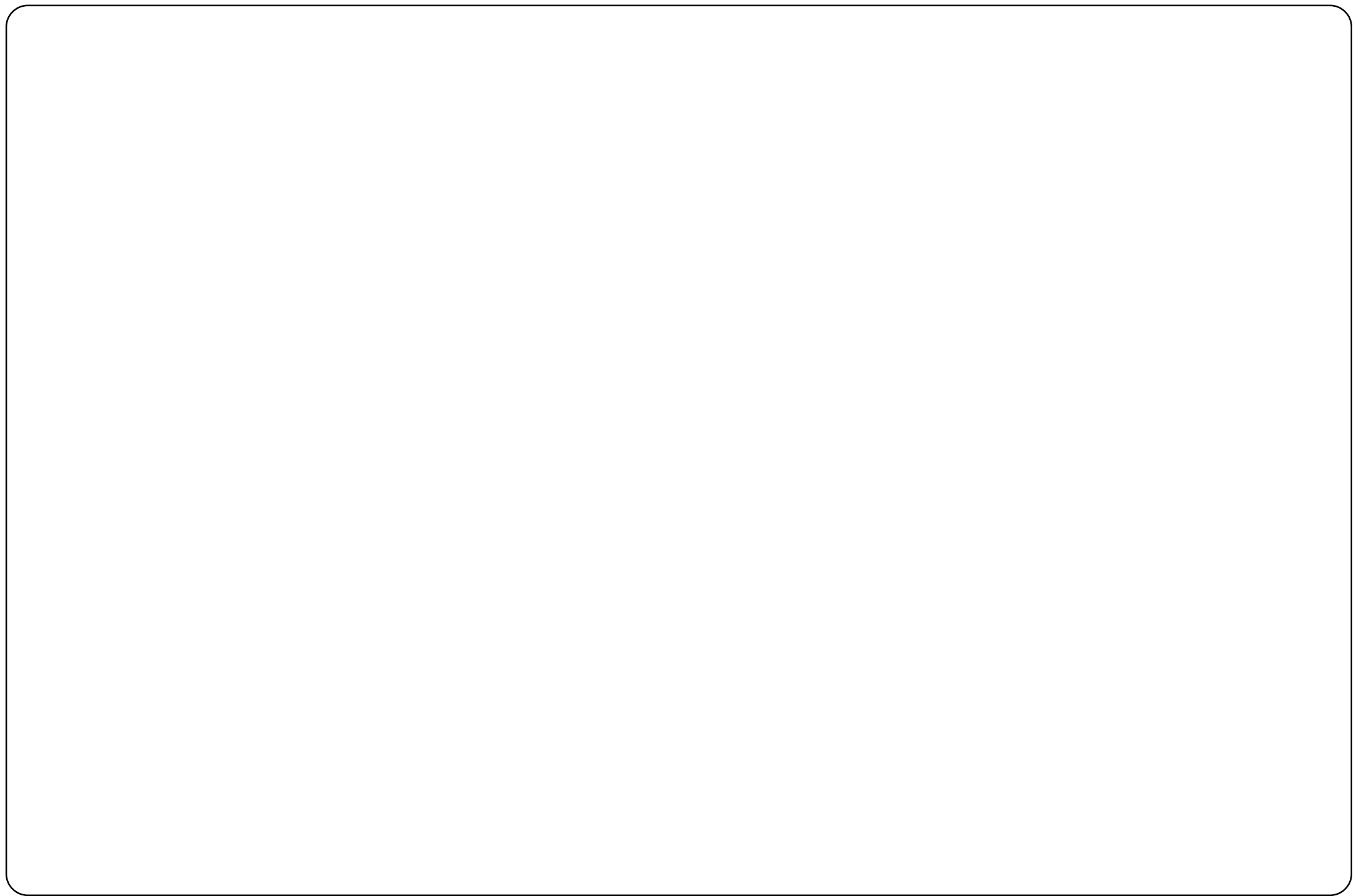
womb before procedure

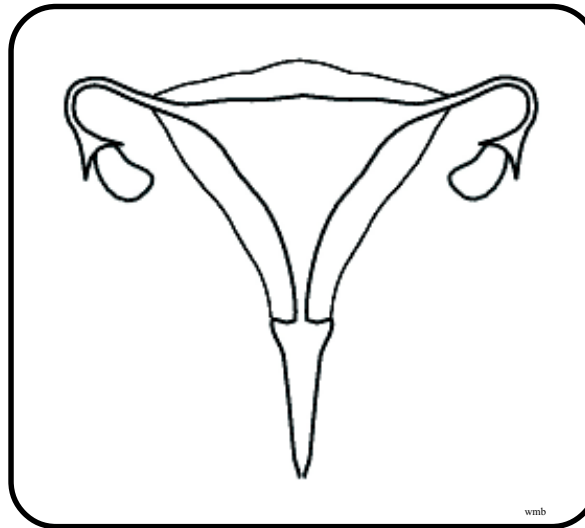


hysterectomy

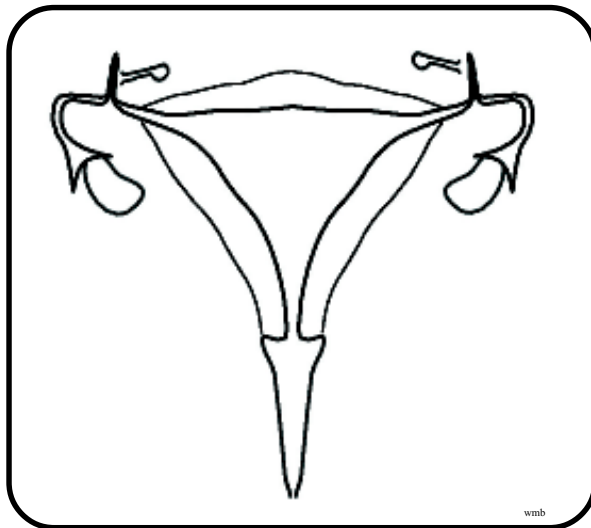


bilateral oophorectomy

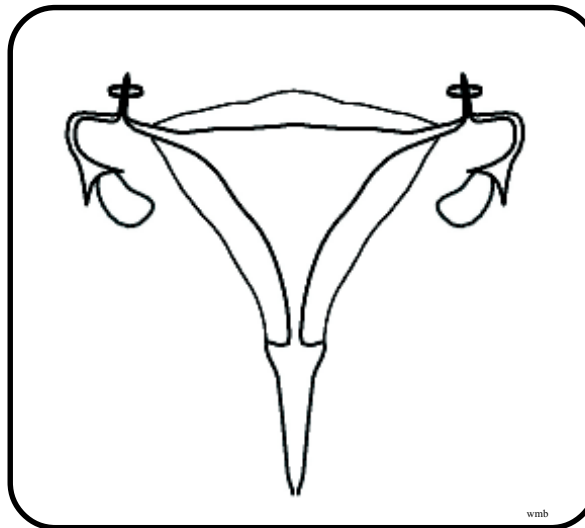




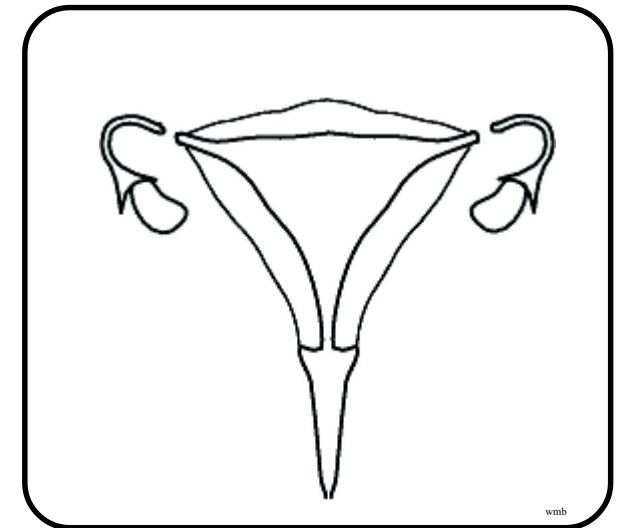
womb before procedure



tubal ligation clips



tubal ligation rings



tubal ligation cuts

